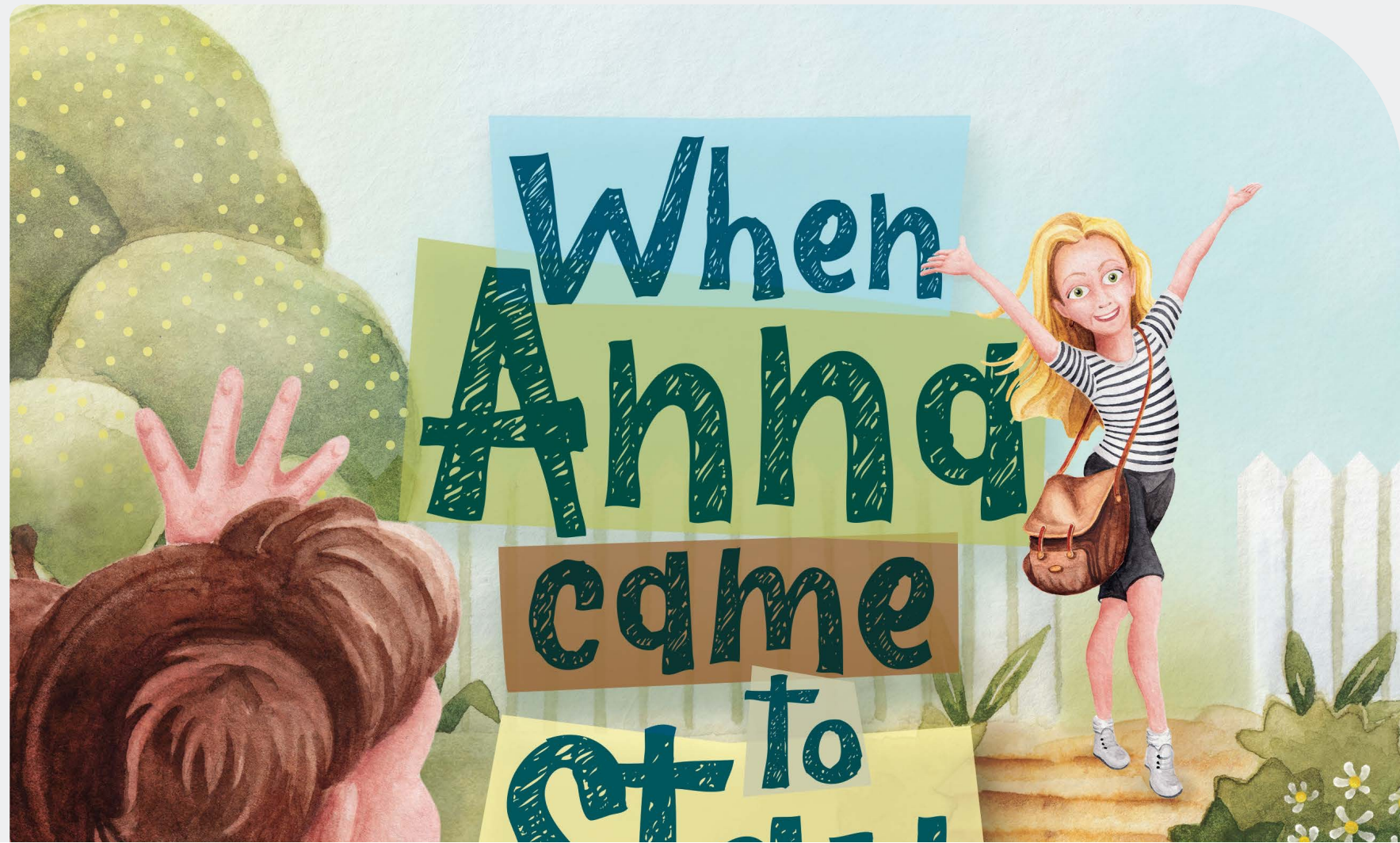




# Maddy Tyers - When Anna Came To Stay Publicity Report



# Contents

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# Summary

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**19**

**Pieces of Coverage**

Total number of online, offline and social clips in this book



**541K**

**Estimated Views**

Prediction of lifetime views of coverage, based on audience reach & engagement rate on social



**100M**

**Audience**

Combined total of publication-wide audience figures for all outlets featuring coverage



**568**

**Engagements**

Combined total of likes, comments and shares on social media platforms



**67**

**Avg. Domain Authority**

A 0-100 measure of the authority of the site coverage appears on.  
Provided by Moz

# Highlights

---

**Your Zen Mama**

Folks We Love with Maddy Tyers | Author, When Anna Came To Stay — Your Zen...

230 3.33K

**kids-bookreview.com**

Guest Post: Maddy Tyers on When Anna Came To Stay - Helping Others

588 4.44K

**triple j**

Eating disorders in children - ABC Melbourne

80.9K 15.2M

**Women's Agenda**

Maddy Tyers was diagnosed with anorexia nervosa as a teen. Now, she wants to open...

1.16K 100K

**Mamamia**

Maddy was just 8 when she became obsessed with food and exercise. At 16,...

8.96K 2.23M

**kidspot.com.au**

10 fun facts you didn't know about LEGO Masters

20.2K 2.67M

news.com.au BOB W

Health Nutrition Fitness Mind & Body Lifestyle Relationships SH...

**Health**  
**Maddy Tyers on healing from an eating disorder**

Maddy Tyers is an actor, TV presenter and author of picture book, When Anna Came to Stay. She is an ambassador for The Butterfly Foundation and has lived experience with an eating disorder. In this episode, Maddy talks openly and honestly about healing from an eating disorder, where body image issues stem from, and warning signs we should all be aware of both with your own body image and those around you. [Watch episode](#) [save any comments](#), there is always someone available at the Butterfly Foundation on 1800 ED HOPE or Lifeline on 13 11 14.

**WANT MORE FROM MADDY?**  
 Find out more about Maddy's book When Anna Came to Stay [Interactive Publishing, \\$20](#), here. Or for audio, [click here](#). Follow Maddy on Instagram, [here](#).

**bodyandsoulau**

6.56K 859K

# PRESS RELEASE

---

1 piece of coverage



## MEDIA RELEASE

PUBLICATION/EMBARGO DATE:  
1ST APRIL 2021

INTERACTIVE PUBLICATIONS ANNOUNCES THE FORTHCOMING PUBLICATION OF



# WHEN ANNA CAME TO STAY

BY MADDY TYERS

ILLUSTRATED BY SIOBHAN SKIPWORTH

A PICTURE BOOK FOR EDUCATORS, HEALTH PROFESSIONALS AND STUDENTS ON  
HOW TO IDENTIFY AND ADDRESS THE SIGNS OF AN EATING DISORDER



INTERACTIVE PUBLICATIONS/ IP KIDS  
HARDBACK ISBN: 9781925231779  
RRP \$26.00  
E-BOOK ISBN: 9781925231786  
E-BOOK RRP \$13.00

AIMED AT 6-12 YEARS

*"The book will open conversations around eating disorders and how they impact every area of a person's life. Recognising the signs will help schools and families seek help before the disorder progresses further."*

- Veronica Chapman, TeachEzy

For more information contact: Julia Ferracane P: 0424 180 420 E: [julia@righteouspr.com.au](mailto:julia@righteouspr.com.au)

1. <https://thesector.com.au/2019/12/02/body-image-makes-top-4-list-of-concerns-for-young-people-could-ec-be-the-answer/>  
2. <https://thespokeearlychildhoodaustralia.org.au/early-development/body-image-issues-needs-attention/>

Everyone deserves to feel comfortable in their own body, but the reality is that at least 1 in 4 young people have serious body image concerns. In fact research shows body dissatisfaction starts in early childhood.

*When Anna Came To Stay* explores the nature and emergence of eating disorders for a younger audience. As the voice of lived experience, author Maddy Tyers centres the story around May, who is a carefree girl before she begins heeding the advice of her imaginary friend Anna, which turns her world upside down.

*"I wanted to share my story of experiencing an eating disorder at a young age because there is so much compelling research that shows the need to address negative body image thinking at all stages, particularly before it takes root,"* said Maddy.

The book also gives young readers a glimpse into the family dynamics involved when a family member experiences an eating disorder. This highlights the need for family members to be sensitive to the signs of an eating disorder and prepared to provide support during the healing process.

### WHAT THIS BOOK DOES:

- Opens up conversations around eating disorders and how they impact every area of a person's life.
- Provides a resource for schools and parents to recognise the signs of an eating disorder before it progresses further
- Helps children understand the importance of valuing themselves as a whole person with unique qualities, talents and strengths and that these attributes make you who you are.
- Addresses some of the factors that influence negative body image, disordered eating and the development of eating disorders.
- Introduces the concept of healing and how this process can be different for everyone.
- Encourages young people to celebrate their bodies for what they can do rather than how they look.

[www.righteouspr.com.au](http://www.righteouspr.com.au)



## WHEN ANNA CAME TO STAY PR Q A

## Maddy Tyers



Most recognisable from her recent appearance on the hit reality TV show *Lego Masters Australia*, **Maddy Tyers** is an actor, presenter, children's entertainer, voice-over artist and writer based in Melbourne.

Maddy has appeared in a host of Australian TV series, short films and features including *Border Protection Squad*, *Neighbours*, *Back In Very Small Business* and *City Homicide* but is best known for her supporting lead role as Amanda Tucci in the hit kid's TV series *The Elephant Princess*. Broadcast in over 35 countries across the world (nationally on Network 10, The Disney Channel and Nickelodeon), *The Elephant Princess* is a hugely popular children fantasy program that won the 2009 AFI award for the Best Children's Television Drama.

Away from performing, Maddy is passionate about sharing her lived experience of an eating disorder and body image positivity with school students and parent groups for the *Butterfly Foundation*. Sharing her experience with young Australians and seeing the impact that it has was the inspiration behind *When Anna Came To Stay*.

 @maddityers

## Siobhan Skipworth



**Siobhan Skipworth** is a freelance graphic designer specialising in illustration and is an avid watercolourist and ink artist who sheepishly hides behind the moniker 'Shesasheep'. Since winning a scholarship with the Queensland Art Gallery at age eleven, Siobhan has concentrated her creative efforts into developing a strong and distinctive style, expanding her skillsets and challenging herself with creative endeavours personally and professionally.

Her career spans over 25 years in creative industries practicing in advertising agencies and design studios around Brisbane until becoming a freelancer ten years ago. Siobhan is forever inspired by her loving family; her greatest creation, Erin, whom she is continually learning from, and her devoted and endearing husband, Craig.

 @shesasheep



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TO BUY NOW : <https://bit.ly/3jE3mFS>  
TO THE CIRCULAR: <https://adobe.ly/31Uj3T4>

Published by IP Kids, an imprint of Interactive Publications Pty Ltd, an innovative multi-award publisher.



NOTE: Please include this help seeking advice in all media coverage.

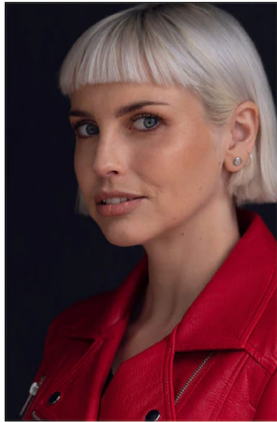
Anyone needing support with eating disorders or body image issues should contact Butterfly Foundation, National Helpline on 1800 33 4673 or [support@thebutterflyfoundation.org.au](mailto:support@thebutterflyfoundation.org.au). For urgent support call Lifeline 13 11 14

For more information, please contact: [Julia@righteouspr.com.au](mailto:Julia@righteouspr.com.au)  
P: 0424 180 420 E: [julia@righteouspr.com.au](mailto:julia@righteouspr.com.au)

[www.righteouspr.com.au](http://www.righteouspr.com.au)



## Q&A WITH MADDY TYERS



### How old were you when you first developed an eating disorder?

I was 8 years old when I first began to develop an unhealthy relationship with food and toxic behaviours around eating. As a high achieving perfectionist, I put a huge amount of pressure on myself and suffered from crippling anxiety at an early age. My food intake and weight obsession gave me the sense of control I craved and at the age of 15 I was medically diagnosed with Anorexia Nervosa.

### Why did you write *When Anna Came To Stay* and what do you hope it will achieve?

"*When Anna Came To Stay*" is a reflection of my lived experience of an eating disorder as told through the lens of a child. I want this story to be a message of hope and a conversation starter for kids (and their families alike) who may be struggling with body image issues and poor self esteem. My aim in releasing this book is to encourage children to speak up and seek help so they can live their happiest and fullest lives.

### What are some of the early signs people can look for?

Some of the Behavioural signs are and obsession with weight loss, dieting, counting calories, fat grams etc. Extreme concern with body size and weight and always pointing out flaw and imperfections in the mirror. Mood swings and discomfort around eating in front of others is also a warning sign to look out for.

Visible weight lost is a big physical sign of an eating disorder but suffered can experience a whole range of things from a physical perspective such as stomach cramps, menstrual irregularities, fainting, dry skin and hair to yellow skin, sleep problems and discolouration of teeth.

### What is a common misconception about the disease?

A common misconception about eating disorders is that EDs are a lifestyle choice and only affect girls/women. Eating disorders are in fact a serious mental illness that affect people of all genders and ages. Eating disorders are not a lifestyle choice, a diet gone wrong or a cry for attention. EDs can take on many different forms and drastically interfere with a person's day to day life with potentially fatal outcomes.

### What helped you overcome your eating disorder?

A combination of treatment methods helped me on my recovery journey including ongoing treatment with a psychiatrist, psychologist, dietician and family therapist. I was also incredibly lucky to have amazing support from my network of family, friends and the *Butterfly Foundation*.

### What can you say to parents, educators and young people today who are struggling with an eating disorder?

The most important advice I can give parents, educators and young people struggling with EDs and negative body image is to speak up and let the people who care about you know that you are struggling. Sometimes voicing your worries can be incredibly overwhelming but as soon as you begin the conversation, the burden will ease and you can begin your road to recovery.

### What can you say to those people who are having to watch their loved one go through the struggle who might be feeling helpless?

You are not alone. Seeing a loved one struggling with an ED is incredibly hard to deal with but you don't have to go through it by yourself. There are some amazing resources, ED support networks and helplines readily available online for carers that I encourage you to reach out to.

### Where can people go to for help?

The *Butterfly Foundation* is a national charity for all Australians impacted by eating disorders and body image issues, and for the families, friends and communities who support them. Butterfly's support services, treatment and resources, intervention programs and helpline are just a click away.

[www.butterfly.org.au](http://www.butterfly.org.au)

NOTE: Please include this help seeking advice in all media coverage.

Anyone needing support with eating disorders or body image issues should contact Butterfly Foundation, National Helpline on 1800 33 4673 or [support@thebutterflyfoundation.org.au](mailto:support@thebutterflyfoundation.org.au). For urgent support call Lifeline 13 11 14



# Coverage

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18 pieces of coverage



Your Zen Mama

46

Domain Authority

Provided by



3.33K

Unique Visits

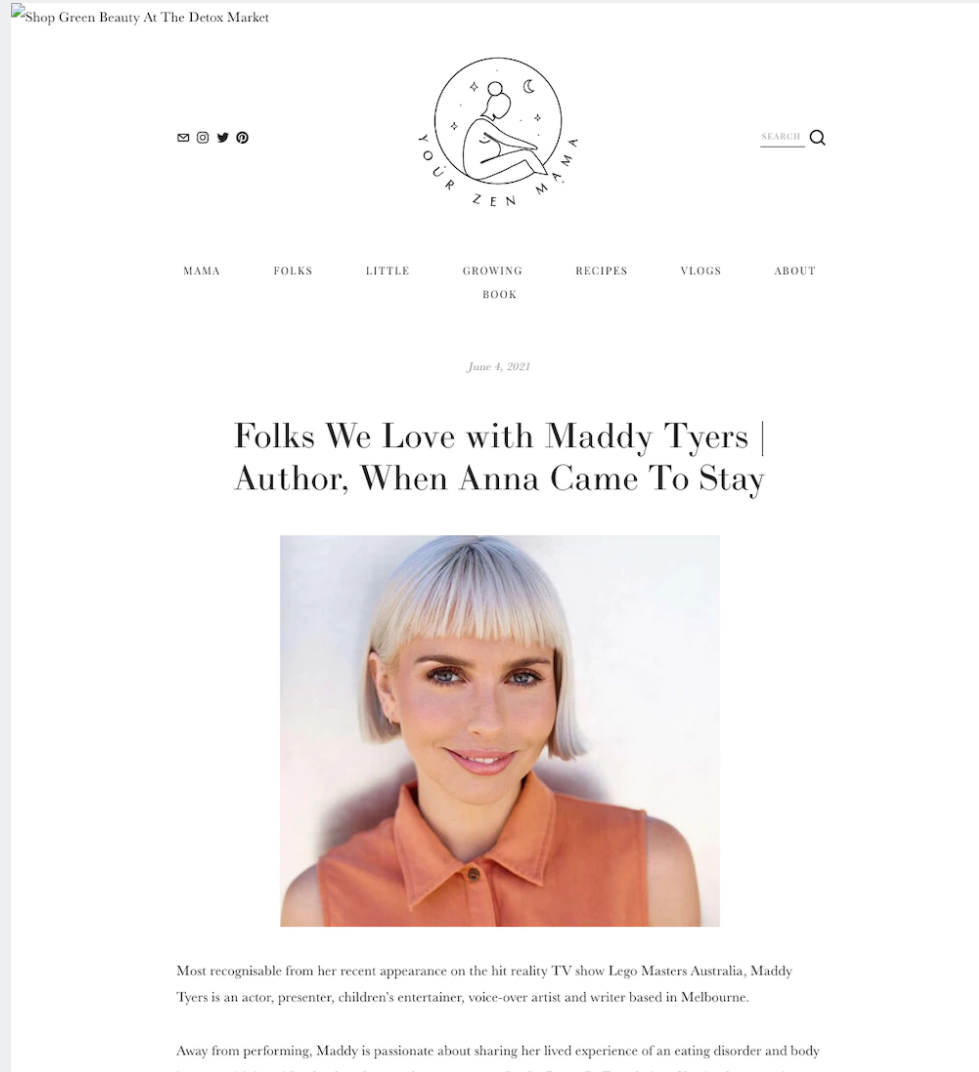
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June 04, 2021 • ONLINE

# Folks We Love with Maddy Tyers | Author, When Anna Came To Stay — Your Zen...

[yourzenmama.com/new-blog/folks-we-lo...](https://yourzenmama.com/new-blog/folks-we-lo...)



Estimated Views

230

Estimated views calculated based on audience size and social engagement



## kids-bookreview.com

Kids' Book Review is a children's literature and book review site working with authors, illustrators and...

42

Domain Authority

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4.44K

Unique Visits

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April 16, 2021 • ONLINE

# Guest Post: Maddy Tyers on When Anna Came To Stay - Helping Others

[kids-bookreview.com/2021/04/guest-post...](https://kids-bookreview.com/2021/04/guest-post...)

The screenshot shows the homepage of kids-bookreview.com. At the top, there's a navigation bar with links for 'about', 'reviews', 'resources', 'virtual wonders', 'guest posts', 'labels', 'giveaways', 'review policy', and 'contact'. Below the navigation is a quote: "The best books, reviewed with insight and charm, but without compromise." - author Jackie French. The main content area features a guest post titled "Guest Post: Maddy Tyers on When Anna Came To Stay - Helping Others" dated Friday, 16 April 2021. The post includes a photo of Maddy Tyers and several paragraphs of text. To the right of the text is a sidebar with the Kids' Book Review logo, the website URL, and social media icons for email, Facebook, Instagram, Twitter, Pinterest, and YouTube. At the bottom of the sidebar, there's a "Follow @KidsBookReview" button and a "find it here" link.

Estimated Views

588

Estimated views calculated based on audience size and social engagement



# Australian Rural & Regional News

Independent news from across rural and regional Australia. ARR.News features diverse content and media...

25  
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**MOZ**

7.73K  
Unique Visits  
Provided by  
**SimilarWeb**

July 19, 2021 • ONLINE

## Review - When Anna Came to Stay | Australian Rural & Regional News

[arr.news/2021/07/19/review-when-anna-c...](http://arr.news/2021/07/19/review-when-anna-c...)

Estimated Views

2.74K

Estimated views calculated based on audience size and social engagement

The screenshot shows the website's header with the title 'Australian Rural & Regional News' and navigation menus. The main article is titled 'Review - When Anna Came to Stay' by Kookaburra, dated 19 July 2021. The author is Maddy Tyers, and the illustrator is Siobhan Skipworth. The article features a large illustration of a boy and a girl in a garden. A sidebar on the right lists 'Out Now!' articles from various regional newspapers, including Tennant & District Times, Tarrangower Times, Narrandera Argus, Denmark Bulletin, and Naracoorte Community News.



bodyandsoulau

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Provided by MOZ

859K Unique Visits  
Provided by SimilarWeb

ONLINE

[bodyandsoul.com.au/health/maddy-tyers-...](https://bodyandsoul.com.au/health/maddy-tyers-...)

Advertisement

Daily horoscope 11:34pm Sunday, December 11th, 2022 Body+Soul Shop

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### Health

## Maddy Tyers on healing from an eating disorder

Maddy Tyers is an actor, TV presenter and author of picture book, When Anna Came to Stay. She is ambassador for The Butterfly Foundation and has lived experience with an eating disorder. In this episode, Maddy talks openly and honestly about healing from an eating disorder, where body image issues stem from, and warning signs we should all be aware of both with your own body image and those around you. \*If this episode raises any concerns, there is always someone available at the Butterfly Foundation on 1800 ED HOPE or Lifeline on 13 11 14.

**WANT MORE FROM MADDY?**  
Find out more about Maddy's book When Anna Came to Stay (Interactive Publishing, \$26), here. Or for audio, click here. Follow Maddy on Instagram, here.

**WANT MORE BODY + SOUL?**  
Online: Head to bodyandsoul.com.au for your daily digital dose of health and wellness.  
On social: Via Instagram at @bodyandsoul\_au or Facebook. Got an idea for an episode or some feedback? DM us or host Felicity Harley on Instagram @felicityharley.  
In print: Each Sunday, pick up the latest copy of the Body+Soul/Stellar flipbook inside The Sunday Telegraph (NSW), the Sunday Herald Sun (Victoria), The Sunday Mail (Queensland), Sunday Mail (SA) and Sunday Tasmanian (Tasmania).

15:51 May 4, 2021 - 100AM

Extra Healthy-ish Maddy Tyers on healing from an eating disorder Advertisement

00:00 15:51

[Need help to listen?](#)

Estimated Views

6.56K

Estimated views calculated based on audience size and social engagement





**omny.fm**

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**77**

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**1.12M**

Unique Visits

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🌐 ONLINE

# Keeping Play in Your Relationship - Separate Bathrooms

[omny.fm/shows/separate-bathrooms-and-...](https://omny.fm/shows/separate-bathrooms-and-...)

Separate Bathrooms

Keeping Play in Your Relationship

View description Share

Published Sep 12, 2021, 2:00 PM

Estimated Views

**7.2K** ✓

Estimated views calculated based on audience size and social engagement

**Description**

*CW: This episode contains discussions of eating disorders*

The bathroom is sparkling today as Maddy Tyers and Jimmy Eaton light up the room! They talk about how LEGO was an important part of their relationship long before their appearance on LEGO Masters, how they use humour to support each other, and the very personal reason Maddy wrote her book *When Anna Came To Stay*.

If this episode has raised any issues for you, help is available through Lifeline on **13 11 14** or via their website [lifeline.org.au](https://www.lifeline.org.au), as well as The Butterfly Foundation on **1800 334 673** or [butterfly.org.au](https://www.butterfly.org.au)

**LINKS**

- Jimmy Eaton @jimmyjameseaton
- Maddy Tyers @maddytyers
- Maddy & Jimmy's website <https://www.maddyandjimmy.com/>
- When Anna Came To Stay <https://poz.biz/portfolio-single/when-anna-came-to-stay-a-picture-book/>
- Follow Cam @Camerondaddo

**In 1 playlist(s)**

- Separate Bathrooms  
145 clip(s)

**Separate Bathrooms**

Cameron Daddo, alongside his wife Alison, chat about the journey of their 30 year marriage. They cha...  
More

**Social links**

- Website

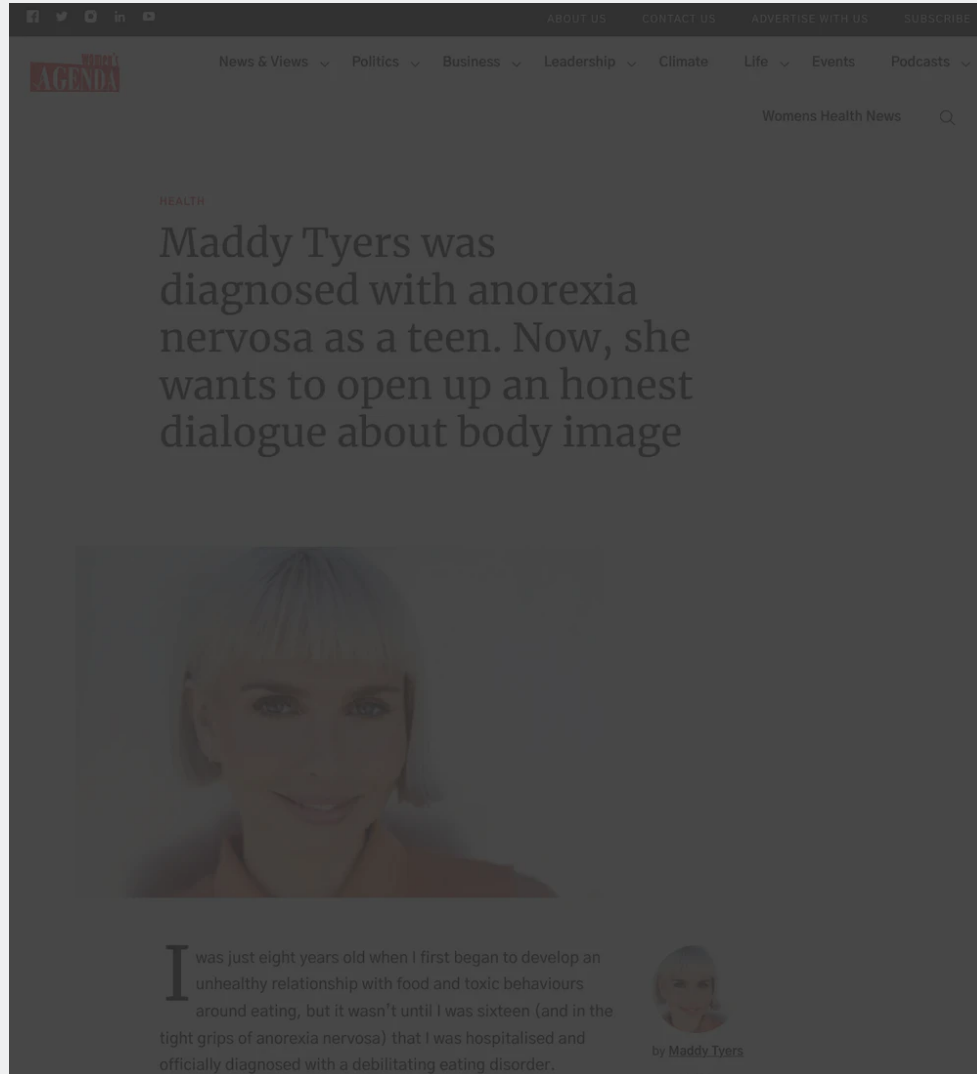
**Follow podcast**

- Apple Podcasts



# Maddy Tyers was diagnosed with anorexia nervosa as a teen. Now,...

[womensagenda.com.au/life/health/madd...](https://womensagenda.com.au/life/health/madd...)



Estimated Views

1.16K ✓

Estimated views calculated based on audience size and social engagement



**triple j**

Your home of Australian stories, conversations and events that shape our nation.

**93**

Domain Authority

Provided by  
**MOZ**

**15.2M**

Unique Visits

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**SimilarWeb**

May 17, 2021 • ONLINE

## Eating disorders in children - ABC Melbourne

[abc.net.au/melbourne/programs/afternoon...](https://abc.net.au/melbourne/programs/afternoon...)

The screenshot shows the ABC Melbourne website interface. At the top, there's a navigation bar with 'MELBOURNE', 'Home', 'Programs', and 'More'. A 'PLAY LIVE RADIO' button is visible, along with a search icon and a 'Log In' button. The main article title is 'Lego Masters star Maddy Tyers was 8 years old when she first started to display signs of an eating disorder'. Below the title, it says 'Broadcast Mon 17 May 2021 at 2:30am'. There is a video player showing Maddy Tyers smiling, with a 'LISTEN 12m' button overlaid. Below the video, there are social sharing icons (Facebook, Twitter, Print) and a 'Share' button. The article text begins: 'Australian actress and children's entertainer Maddy Tyers was just 8 years old when she began to display signs of an eating disorder, but wasn't diagnosed and hospitalised until she was 15 - well after the disease had tightened its grip over her physically and mentally.' To the right of the article, there's a section titled 'More from Victorian Afternoons' with two radio program thumbnails, each labeled '1h 30m'.

Estimated Views

**80.9K**

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77

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1.76M

Unique Visits

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September 28, 2021 • ONLINE

# Maddy Tyers ~ From disordered eating to thriving | Lemonade

[shows.acast.com/lemonade/episodes/ma...](https://shows.acast.com/lemonade/episodes/ma...)

Home Episodes About Follow

## Lemonade

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</>

9/28/2021

### Maddy Tyers ~ From disordered eating to thriving

Season 2, Ep. 7

Maddy Tyers is an actress, TV host and you may even recognise her from a stint on Channel 9's Lego Masters.

But what you may not know is the effervescent Maddy has been on quite the journey in her lifetime. At the age of 8 she developed an eating disorder, by the age of 16 she was hospitalised. Doctors feared for her life because she was so unwell.

Maddy is now 32. It's taken many, many years in recovery to get to the point she's at today and she's thriving.

Maddy just released a children's book called "[When Anna Came To Stay](#)" – aimed at that vulnerable 5-12 year old age group to encourage body positivity and help young children identify disordered eating habits.

Now, just a note, there were a few technical glitches thanks to the joys of recording online through lockdown. I hope they don't distract too much from Maddy's beautifully contagious energy.

\*TRIGGER WARNING - this episode discusses eating disorders. 24 hour help is available through the [Butterfly Foundation](#) on 1800 33 4673 or LIFELINE on 13 11 14.\*

Connect with Maddy:

Instagram - [@maddytyers](#)

RSS

Estimated Views

10.6K

Estimated views calculated based on audience size and social engagement



kidspot.com.au

69 Domain Authority  
Provided by MOZ

2.67M Unique Visits  
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ONLINE

[kidspot.com.au/parenting/real-life/reader-...](https://kidspot.com.au/parenting/real-life/reader-...)

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Parenting

## I was 8 when I started my unhealthy relationship with food

"After a series of big changes in my life, including shifting to a new school, I found that obsessing over my food intake and weight gave me the sense of control I craved."

Maddy Tyers

4 min read April 7, 2021 - 9:37AM kidspot

Advertisement

**CONTENT WARNING**

01:36 Eating Disorders: A mental illness

Eating disorders are not a lifestyle choice, but a mental illness. Take a look at this epidemic by the numbers.

View more related videos

Maddy Tyers was eight years old when she developed an unhealthy relationship with food. This later developed into an eating disorder that took Maddy years to recover from.

Estimated Views

20.2K

Estimated views calculated based on audience size and social engagement



## Traveller

Discover your next holiday with Australia's most experienced travel writers, incorporating Traveller from...

69

Domain Authority

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1.28M

Unique Visits

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TRAVELLER f t i e

Destinations Australia Experiences Planning Reviews Deals Cruises Travel News

Home > Travel

# 'Insidious and manipulative disease': Maddy Tyers uses her own childhood experience to help kids battling eating disorders

Naomi White



Picture: Supplied

SHARE Australian actress and performer Maddy Tyers is used to being very open as entertainer, having appeared in Neighbours and Lego Masters Australia.

But her latest venture is a highly personal one, sparked by her own struggles with [an eating disorder](#) that first struck when she was just eight years old.

SEE ALSO

- Not just picky eating: The little known eating disorder parents need to be aware of
- She was 11, with an eating disorder. It took her mum to figure it out
- Eating disorder cases have doubled globally, new research shows

May 12, 2021 • ONLINE

## 'Insidious and manipulative disease': Maddy Tyers uses her own childhood...

[traveller.com.au/maddy-tyers-developed-...](https://traveller.com.au/maddy-tyers-developed-...)

Estimated Views

9.73K ✓

Estimated views calculated based on audience size and social engagement



kiddipedia.com.au

**29**  
Domain Authority  
Provided by  
**MOZ**

**12.9K**  
Unique Visits  
Provided by  
**SimilarWeb**

April 07, 2021 • ONLINE

## Tips for parents supporting a child experiencing negative body image l...

[kiddipedia.com.au/tips-for-parents-suppo...](https://kiddipedia.com.au/tips-for-parents-suppo...)



For top tips, recipes, expert advice, health and wellbeing support and advice, look no further than our awesome parenting blogs curated by Kiddipedia!

### Tips for parents supporting a child experiencing negative body image



Search Kiddipedia website...

**RECENT POSTS**

- Pass it forward - What are we passing on to our kids?
- Help a Miracle this Christmas Happier Holidays
- Felt Christmas Photo Ornament - Crafts for Kids
- Summer Stone Fruit Salad



Estimated Views

**4.24K** ✓

Estimated views calculated based on audience size and social engagement



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**84**

Domain Authority

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**MOZ**

**2.23M**

Unique Visits

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**SimilarWeb**

April 28, 2021 • ONLINE

## Maddy was just 8 when she became obsessed with food and exercise. At 16,...

[mamamia.com.au/maddy-tyers-eating-dis...](https://mamamia.com.au/maddy-tyers-eating-dis...)

Estimated Views


**8.96K**

Estimated views calculated based on audience size and social engagement

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**HEALTH**

### Maddy was just 8 when she became obsessed with food and exercise. At 16, she was hospitalised.



**GEMMA BATH**  
News Editor  
APRIL 28, 2021

[f](#) [t](#) [e](#)

[Leave a comment](#)

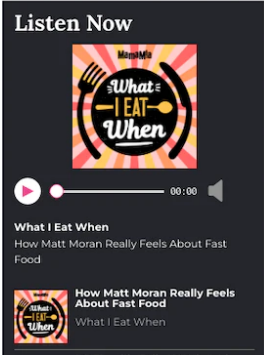
**Warning:** This post discusses eating disorders and may be triggering for some readers.

It started with categorising food into piles.

What Maddy Tyers put into her mouth was either a 'good' food or a 'bad' food. And as time went on, more and more food started creeping over to the 'bad' pile.

Then there was the mirror checking. Or window checking. A constant

**Listen Now**



**What I Eat When**  
How Matt Moran Really Feels About Fast Food

**How Matt Moran Really Feels About Fast Food**  
What I Eat When





## Anchor

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90

Domain Authority

Provided by  
**MOZ**

4.51M

Unique Visits

Provided by  
**SimilarWeb**

🌐 ONLINE

# How to Build Positive Body Image with Maddy Tyers by Understanding Body...

[anchor.fm/bodymatters/episodes/How-to-...](https://anchor.fm/bodymatters/episodes/How-to-...)

**Anchor** by Spotify

**Understanding Body Matters Podcast**

By BodyMatters Australasia

The Understanding Body Matters podcast helps those impacted by eating disorders to understand more about the conditions and be inspired towards recovery. Developed by psychologists with significant experience providing treatment for eating and dieting disorders, body image issues and problematic exercise, the podcast provides reputable and reliable information. Hear from a

[Listen on Spotify](#) [Message](#)

WHERE TO LISTEN

**How to Build Positive Body Image with Maddy Tyers**  
Understanding Body Matters Podcast • Apr 11

**How ultra-processed food can b...** December 06, 2022  
On this week's episode I am very pleased to be bringing you our next guest Carolyn Rogers from Brisbane, Queensland 46:28

**Type 2 diabetes and eating disorder...** November 29, 2022  
I am very happy to be bringing Dr. Kylie Mosely back on the podcast to now be speaking about the topic of type 43:37

Estimated Views

**13.5K** ↻

Estimated views calculated based on audience size and social engagement



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# 'LEGO Masters' 2019 star Maddy opens up about her challenging past

[celebrity.nine.com.au/tv/lego-masters-2019...](https://celebrity.nine.com.au/tv/lego-masters-2019...)

The screenshot shows the article page on the website. At the top, there is a navigation bar with categories like Watch TV, News, Sport, Lifestyle, Entertainment, Property, Product Reviews, and Coupons. Below this is the 'honey | celebrity' logo and a sub-navigation bar with options like Latest, Movies, Music, TV, MAFS, Awards Season, and Videos. The main article title is "'LEGO Masters' 2019: Maddy opens up about her challenging past" by Aime Ryan, published 4 years ago. The article text discusses Maddy Tyers' experience on the show and her new book, 'When Ana Came to Stay'. To the right of the main text are three related article teasers: 'The best royal Christmas cards over the years', 'Delicious and budget-friendly Christmas recipes', and 'French expat hits out at insane price of croissant'. At the bottom of the article is a photo of Maddy Tyers and her husband Jimmy Tyers.

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May 06, 2019 • ONLINE

## Lego Masters' Maddy tells how she risked heart attack at 15-years-old

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### 'I didn't think I had an eating disorder - I was very much in denial': Lego Masters' Maddy Tyers reveals she lost so much weight at the age of 15 she risked having a heart attack

By CHARLIE COÉ FOR DAILY MAIL AUSTRALIA  
PUBLISHED: 23:05 EST, 5 May 2019 | UPDATED: 23:24 EST, 5 May 2019

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She is half of the bubbly husband-and-wife duo who has look a picture of happiness in the new Channel Nine series Lego Masters.

But Maddy Tyers, 29, has revealed she suffered dangerous **weight loss** in her teenage years, which was so severe doctors told her she risked having a heart attack.

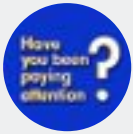
Maddy - who features with her husband Jimmy Eaton in the Channel Nine show - told **New Idea** she was admitted to hospital at the age of 15 for an eating disorder.



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Tonight we welcome Author, Actress and Lego Maestro @MaddyTyers as Guest Quizmaster!

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## Maddy Tyers on healing from an eating disorder - Extra Healthy-ish

[omny.fm/shows/extra-healthy-ish/maddy-t...](https://omny.fm/shows/extra-healthy-ish/maddy-t...)

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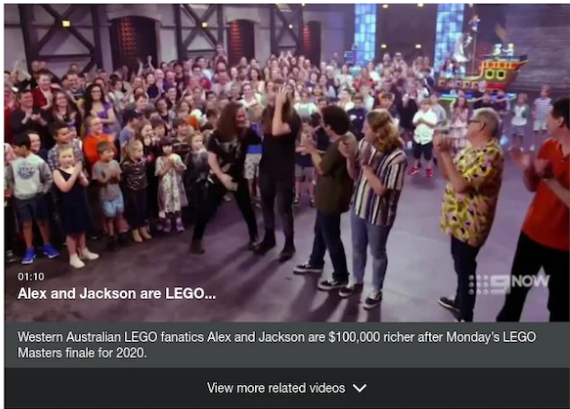
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## 10 fun facts you didn't know about LEGO Masters

Maddy knows what it takes to make it on the show... and what you endure to get to the end.

Maddy Tyers

4 min read April 23, 2021 - 12:21PM kidspot



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Maddy Tyers was a contestant on the popular reality show and knows what it takes to make it on the show... and what you endure to get to the end.

As I sit back and admire the epic builds created by the amazing season 3 cast of [LEGO Masters Australia](#), I reminisce on the experience of a lifetime adventure my husband

Estimated Views

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